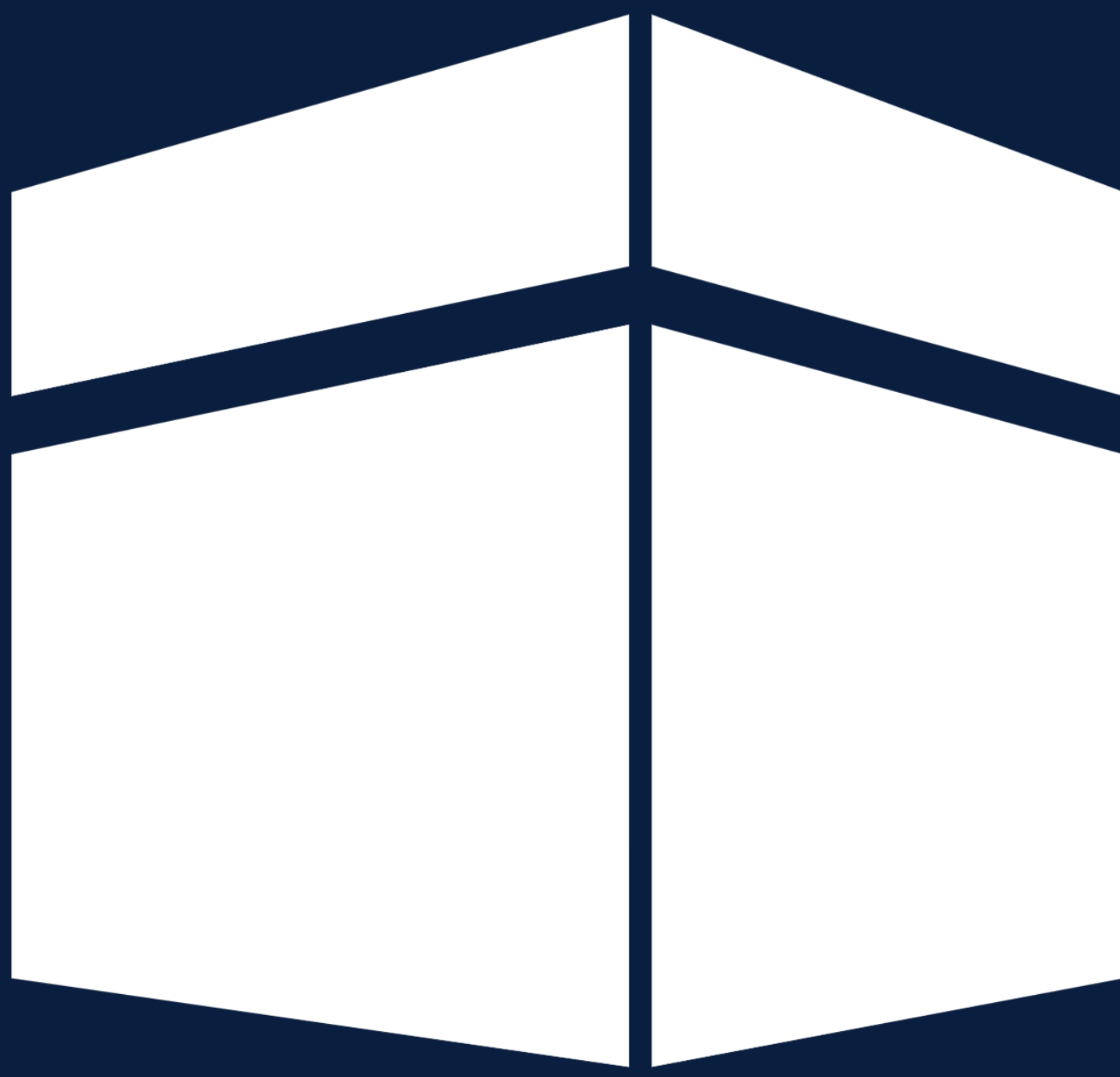




AL-HIDAAYAH
Travel



UMRAH **GUIDE**

www.al-hidaayah.travel



CONTENTS



Tap the headers below to navigate

1

ASSUMING **IHRAM**

2

ENTERING THE
MASJID AL HARAM

3

PERFORMING THE
TAWAF

4

AFTER THE
TAWAF

5

PERFORMING THE
SA'I



ASSUMING **IHRAM**

1

AL-HIDAAYAH *Travel*

It is preferable to take a bath before assuming ihram.

2

AL-HIDAAYAH *Travel*

Men are to wear:

- Clothes that have not been specifically made to fit the shape of the body. This normally consists of two white sheets; one is wrapped around the waist whilst the other is used to cover the top half of the body.
- Sandals/slippers. Footwear should expose the ankle as well as a part of the foot. Heel straps are fine.
- It is not permissible to wear a hat or turban.

3

AL-HIDAAYAH *Travel*

Women are to wear their normal dress – with the exception of gloves and niqab (the face covering that is tied around the head).

4

AL-HIDAAYAH *Travel*

You may put on the clothing of ihram before you reach the miqat.

5

AL-HIDAAYAH *Travel*

It is permissible for the men to apply perfume to their body before they make the intention but not after.

6

AL-HIDAAYAH *Travel*

Upon reaching the miqat you make intention for umrah by saying the following words:

اللَّهُمَّ لَبَّيْكَ عُمْرَةً

(Allahumma labbayka umrah)

“Here I am O Allah making Umrah”

7

AL-HIDAAYAH *Travel*

For those people arriving by plane to Jeddah, the miqat is passed shortly before landing (20-30 mins). It is imperative that one does not pass the miqat without assuming ihram.

It is preferable to say the talbiyyah in a loud voice from this point onwards:

لَبَّيْكَ اللَّهُمَّ لَبَّيْكَ - لَبَّيْكَ لَا شَرِيكَ لَكَ لَبَّيْكَ -

إِنَّ الْحَمْدَ وَالنُّعْمَةَ لَكَ وَالْمُلْكَ - لَا شَرِيكَ لَكَ -

(Labbayk allahumma labbayk, Labbayka laa sharika laka labbayk, Innal hamda wan-ni'mata laka wal mulk laa sharika lak)

“Here I am O Allah, here I am - there is no partner for You - here I am. Verily all praise is for You; every bounty is from You, and all dominion is Yours - You have no partner.”

Talbiyyah is to be stopped before you begin the tawaf for 'Umrah.



ENTERING THE MASJID AL HARAM

10

AL-HIDAAAYAH *Travel*

It is Sunnah to enter any mosque with the right foot first saying the following:

بِسْمِ اللَّهِ ، وَالصَّلَاةُ وَالسَّلَامُ عَلَى رَسُولِ اللَّهِ
أَعُوذُ بِاللَّهِ الْعَظِيمِ وَبِوَجْهِهِ الْكَرِيمِ وَسُلْطَانِهِ الْقَدِيمِ
مِنَ الشَّيْطَانِ الرَّجِيمِ ، اللَّهُمَّ افْتَحْ لِي أَبْوَابَ
رَحْمَتِكَ

(Bismillah, wassalatu was-Salamu 'ala rasulillah,
a'odhubillahil 'adhim, wa biwajhihil karim,
wa sultanihil qadim, minash shaytanir rajim.
Allahummaftahli abwaba rahmatik)

“In the name of Allah. Peace and blessing be upon the Messenger of Allah. I seek refuge in Allah the Great, in His honourable Face and in His Ancient Authority from the accursed satan. O Allah open for me the doors of Your Mercy.”



PERFORMING THE TAWAF

11

AL-HIDAAYAH *Travel*

One must be in a state of wudhu while performing tawaf.

12

AL-HIDAAYAH *Travel*

One should go straight to the Black Stone, face it and say:

الله أكبر

(Allahu akbar)

“Allah is the Greatest.”

13

AL-HIDAAYAH *Travel*

Then touch the Black Stone with your hand, kiss it and make sajdah upon it. If however this is not possible then touch it with your hand and kiss your hand. If even this is not possible then just point towards it with your right hand only (not kissing your hand) - this is to be done at the beginning of each circuit of tawaf.

Thus you begin your tawaf at the Black Stone, circling the ka'bah, with the ka'bah on your left. Each time you reach the Black Stone to begin your next circuit repeat points (12) and (13). Seven circuits are to be completed.

During the tawaf the man wears his ihram under his right arm pit and over the left shoulder (with the right shoulder bare). The man completes the first three circuits walking quickly with boldness (but not running).

Each time one passes the Yemeni corner of the ka'bah (this is the corner before the corner of the Black Stone) it is preferable to touch it with ones hand, if this is not possible due to the crowds then one is not to point towards it.

The following supplication should be recited between the Yemeni corner and the Black Stone:

رَبَّنَا آتِنَا فِي الدُّنْيَا حَسَنَةً وَفِي الْآخِرَةِ حَسَنَةً
وَقِنَا عَذَابَ النَّارِ

(Rabbana aatina fid dunya hasanatan wa fil aakhirati
hasanatan wa qinaa adhaban naar)

“Our Lord! Give us good in this world and good in the Hereafter, and protect us form the punishment of the Fire.”

There are no particular du'as (supplications) [apart from what is mentioned above] to be recited during tawaf - therefore one may recite the Qur'an, or supplicate with any other du'a from the sunnah or from ones heart in any language.

One may cling to the area between the Black Stone and the door of the Ka'bah and supplicate.



AFTER THE TAWAF

20

AL-HIDAAYAH *Travel*

After the tawaf one should cover both of his shoulders and proceed to the Station of Ibrahim (Maqam Ibrahim) and recite:

وَاتَّخِذُوا مِنْ مَّقَامِ إِبْرَاهِيمَ مُصَلًّى

(wattakhidhu mim maqami ibrahima musalla)

“And take the station of Ibrahim as a place of Prayer.”

21

AL-HIDAAYAH *Travel*

One should offer a two rak'at prayer with the Station of Ibrahim between oneself and the ka'bah. It is preferable to recite Surah Kafirun in the first rak'ah and Surah Ikhlas in the second rak'ah.

22

AL-HIDAAYAH *Travel*

Be mindful not to walk in front of anyone praying nor allow anyone to walk in front of yourself.

23

AL-HIDAAYAH *Travel*

Next proceed to Zam-Zam and drink the water of Zam-Zam and one should also pour it over ones head.

24

AL-HIDAAYAH *Travel*

Return to the black stone and touch it saying: (Allahu akbar) “Allah is the greatest.” If this is not possible due to the crowds it may be left out.



The next stage is to go to Safa. Upon approaching the foot of Safa the following should be recited:

إِنَّ الصَّفَا وَالْمَرْوَةَ مِنْ شَعَائِرِ اللَّهِ فَمَنْ حَجَّ الْبَيْتَ أَوْ
اعْتَمَرَ فَلَا جُنَاحَ عَلَيْهِ أَنْ يَطَّوَّفَ بِهِمَا وَمَنْ تَطَوَّعَ خَيْرًا
فَإِنَّ اللَّهَ شَاكِرٌ عَلِيمٌ -

(Innas-safa wal marwata min sha'aa-i rillah.
Faman hajjal baita awi' tamara fala junaha alahi an
yatawwafa bihimaa. Wa man tatawwa'a kharan fa
innallaha shakirun 'aleem)

“ Verily, Safa and Marwa are from the symbols of Allah. So it is not a sin on him who performs Hajj or umrah of the house (ka'bah) to compass them round. And whoever does good voluntarily, then verily, Allah is the All-Recogniser, the All-Knower.”

and:

نَبْدَأُ بِمَا بَدَأَ اللَّهُ بِهِ

(Nabda'u bima bada allahu bihi)

“We begin with what Allah began with.”

Then one is to climb unto Safa until the ka'bah is visible. Facing the Qiblah the following is to be said 3 times, and between each time one is to make supplication:

اللَّهُ أَكْبَرُ اللَّهُ أَكْبَرُ اللَّهُ أَكْبَرُ

لَا إِلَهَ إِلَّا اللَّهُ وَ اللَّهُ أَكْبَرُ لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ

لَهُ، لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ،

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ أَنْجَزَ وَعَدَهُ، وَنَصَرَ عَبْدَهُ وَهَزَمَ

الْأَحْزَابَ وَحْدَهُ

(Allahu akbar, Allahu akbar, Allahu akbar. Laa ilaha illallahu wahdahu la sharikalahu, la hul mulku wala hul hamdu, wa huwa 'alaa qulli shay in qadir. Laa ilaha illallahu wahdahu, anjaza wa'dahu, wa nasara 'abdahu, wa hazamal ahdhaba wahdahu)

“Allah is the Greatest, Allah is the Greatest, Allah is the Greatest. None has the right to be worshipped except Allah alone, who has no partner. To Him belongs the dominion, to Him belongs all praise, and He has power over every-thing. He fulfilled His promise, gave victory to His servant, and defeated the confederates alone.”

27AL-HIDAAYAH *Travel*

Then descend and go towards Marwa, running between the fluorescent green lights, upon reaching Marwa one is to climb upon it and repeat the same procedure as when ascending Safa (see point 26). This completes one circuit. Then one continues back to Safa and repeats point 26 - thus completing two circuits.

28AL-HIDAAYAH *Travel*

There are no particular supplications to be recited between Safa and Marwa.

29AL-HIDAAYAH *Travel*

Seven circuits are to be completed ending the last one on Marwa.

30AL-HIDAAYAH *Travel*

Then one is to have his/her hair cut. For men it should be cut from all over the head not just from one or two places. The women should shorten their hair by a finger-tips length from the end of their hair.

31AL-HIDAAYAH *Travel*

The rights of umrah have now been completed and the state of ihram has ended.

**AL-HIDAAYAH**
Travelwww.al-hidaayah.travel

0121 753 7890

mail@al-hidaayah.travel