

Book Umrah on "Nusuk" app to get "permit" (might be not be applicable all the time)

**1** Perform Ghusl before leaving house & it's advisable to trim, cut nails, put perfume etc. **DO NOT** put any perfume on Ihram clothes

**2** Put Ihram Clothes before boarding plane (Men Only if passing Miqat via Plane) **DO NOT** put any perfume on the clothes

**3** On plane on arriving at Miqat (Al-Jahfa) (20/30 Mins before landing to Jeddah) assume the Ihram by facing the Qiblah and saying:]

لَبَّيْكَ اللَّهُمَّ بِعُمْرَةٍ

[Here I am, O Allāh, making 'Umrah]

Also Say:

اللَّهُمَّ هَذِهِ عُمْرَةٌ لَا رِيَاءَ فِيهَا وَلَا سُمْعَةَ

[O Allāh this is an 'Umrah, there being no showing-off in it nor seeking repute.]

**4** Recite the Talbiyyah until reaching Masjid Al Haram (Loud for MEN silent for WOMEN)

لَبَّيْكَ اللَّهُمَّ لَبَّيْكَ -

لَبَّيْكَ لَا شَرِيكَ لَكَ لَبَّيْكَ -

إِنَّ الْحَمْدَ وَالنِّعْمَةَ لَكَ وَالْمَلَكُ -

لَا شَرِيكَ لَكَ - لَبَّيْكَ إِلَهَ الْحَقِّ

1) Here I am O Allāh. Here I am, You have no partner. Here I am, verily all praise is for You, and every bounty is from You - and all dominion is Yours, You have no partner 2) Here I am, O God of Truth

**5** Before entering Masjid Al Haram perform Wudu (still continue reciting Talbiyah)

**6** Enter Masjid Al Haram with RIGHT foot and say

اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَسَلِّمْ،

اللَّهُمَّ افْتَحْ لِي أَبْوَابَ رَحْمَتِكَ

[O Allāh, send prayers and peace upon Muhammad. O Allaah, open the doors of your Mercy for me]

#### DONT's in Ihram

- Perfume / Deodorant
- Scented Soap
- Sexual Relationships
- Do not curse, talk sinfully or use any foul language.
- Do not cut or remove hair or nails (broken nails can be removed).
- Do not fight or argue with others.
- Do not use perfume. This includes scented soaps, shampoos, lotions, wipes, etc.
- Do not engage in any sexual activity.
- Do not marry, propose or help others to marry.
- Do not kill, hunt, or help others hunt any animals.

**7** Walk towards Al-Hajr Al-Aswad (The Black Stone). **MEN - Uncover the right shoulder by placing ihram under right armpit.**

**8** Touch the Blackstone, if not possible make a sign with right hand towards it and say;

اللَّهُ أَكْبَرُ

**THIS should be done for every round (7 in total)**  
**MEN Only - Walk swiftly in the first 3 rounds (if possible)**

**9** Recite the following between the Yemeni Corner & Blackstone corner. It is preferable to wipe it with ones hand (if able to do so)

رَبَّنَا آتِنَا فِي الدُّنْيَا حَسَنَةً  
وَفِي الآخِرَةِ حَسَنَةً وَقِنَا عَذَابَ النَّارِ

[Our Lord! Give us that which is good in this world and in the Hereafter, and save us from the torment of the Fire]

**10** Proceed to Maqam Ibrahim, go behind and recite the following:

وَاتَّخِذُوا مِنْ مَّقَامِ إِبْرَاهِيمَ مُصَلًّى

[And take the station of Ibrahim as a place of prayer]

**11** Proceed to Maqam Ibrahim, go behind Pray 2 Rakaats (Recite Surah Kafiroon in 1st Rakaat & Surah Ikhlas in Second)

**MEN only - Remember to cover the right shoulder again**

**12** Proceed to ZamZam water tank. Drink some and pour some on your head. Make any Dua when drinking

**13** Return back to Blackstone touch it and say

اللَّهُ أَكْبَرُ

If this is not possible, leave it out

**14** Proceed to the Sa'ee (Safaa & Marwah) When reaching foot of Safaa recite (facing Kaba)

إِنَّ الصَّفَا وَالْمَرْوَةَ مِنْ شَعَائِرِ اللَّهِ فَمَنْ حَجَّ الْبَيْتَ أَوْ اعْتَمَرَ فَلَا جُنَاحَ عَلَيْهِ أَنْ يَطَّوَّفَ بِهِمَا وَمَنْ تَطَوَّعَ خَيْرًا

فَإِنَّ اللَّهَ شَاكِرٌ عَلِيمٌ -

[Indeed, as-Safaa and al-Marwah are among the symbols of Allaah. So whoever makes Hajj to the House or performs 'Umrah - there is no blame upon him for walking between them. And whoever volunteers good - then indeed, Allah is appreciative and Knowing.]

Also Recite:

نَبْدَأُ بِمَا بَدَأَ اللَّهُ بِهِ

[We begin with what Allaah began with.]

**15** At the Hill of Safa/Marwa, facing the qiblah, recite the following 3 times raising your hands: Read your own dua after the 1st time of saying and 2nd

اللَّهُ أَكْبَرُ، اللَّهُ أَكْبَرُ، اللَّهُ أَكْبَرُ  
لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ،

لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ؛

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ،

أَنْجَزَ وَعَدَهُ وَنَصَرَ عَبْدَهُ وَ

هَزَمَ الْأَحْزَابَ وَحْدَهُ

[Allāh is the Greatest, Allāh is the Greatest, Allāh is the Greatest. There is none worthy of worship except Allāh alone, without partner. He alone gives life and causes death, and He is All-Powerful over everything. There is none worthy of worship except Allāh alone, without partner. He has fulfilled His promise, aided His slave and He alone has defeated the confederates.

**16** Walk to Marwah from Safa and when you reach the hill, recite the same Du'a as above. Continue doing this for 7 times (Safa to Marwah = 1, Marwah to Safa = 2)

**MEN Only - Run at the green lights**

**17** Exit Masjid al-Haram with left foot, reciting:

اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَسَلِّمْ،

اللَّهُمَّ إِنِّي أَسْأَلُكَ مِنْ فَضْلِكَ

[O Allāh, send prayers and peace upon Muhammad, O Allāh, verily I ask You from Your Favour]

**18** **MEN Only - Shave head**  
**Women - fingertip's length of the ends of your hair as you bunch together**

